

TIMETABLE



Monday	Swimming Pool	17:00 to 19:30	Splash Swim Academy
	Dance Studio	18:30 to 19:15	FitSteps
	Gymnasium	18:30 to 19:30	Body Circuit with John
	Gymnasium	19:30 to 21:00	HKJ Combined Martial Arts
	3G	19:00 to 21:00	BWCT Premier League Kicks
Tuesday	Swimming Pool	15:30 to 17:00	Bolton Disability Swim Club
	Swimming Pool	17:30 to 19:00	AquaStars Swim Academy
	Gymnasium	18:30 to 20:00	NTK – SS Ju Jitsu
Wednesday	Swimming Pool	17:00 to 19:30	AquaStars Swim Academy
	Dance Studio	18:30 to 19:30	FitSteps
	Dance Studio	20:00 to 21:00	FitSteps
	Gymnasium	19:00 to 20:00	Body Circuit
	Sports Hall	18:00 to 20:00	BWCT Multi-Sport Sessions
Thursday	Swimming Pool	17:00 to 19:00	Splash Swim Academy
	Gymnasium	19:00 to 20:00	NTK - AM
Friday	Swimming Pool	17:00 to 19:30	AquaChild
	Swimming Pool	19:30 to 20:30	Team Deane Triathlon
Saturday	Gymnasium	09:00 to 10:00	Body Circuit
	Dance Studio	10:00 to 11:00	FitSteps
	Swimming Pool	10:00 to 13:30	AquaStars Swim Academy
Sunday	Swimming Pool	09:00 to 12:00	Splash Swim Academy

Contact - leisurebookings@ladybridgeclc.co.uk for more information.